Banana Games

Game Name: Banana Toss
Equipment: One banana per team
Rules: The team forms a circle as instructed, with the captain in the center. The captain will start with a banana, which he will toss to the team members one at a time, going around the circle. Game ends when the captain receives the banana from the last player.

Game Name: Banana Balance
Equipment: One banana per team.
Rules: First player will balance the banana on her head, run one lap, give the banana to the next player, and so on. First team to cross finish line wins.

Game Name: Banana Relay
Equipment: One banana per team.
Rules: Relay race, use the banana as a baton.

Game Name: Banana Grab
Equipment: Two bananas per team.
Rules: One banana starts out on the ground in the center of the circle, one banana is held by the first player in line. At the signal, the player runs in, puts down the banana, picks up the other banana, and returns to the next player. Just like JV bean bag grab.

Game Name: Banana Overhead
Equipment: One banana per team.
Rules: Entire team stands on a line, such as the team diagonal. First player starts with the banana, captain is at the end of the line. At signal, players pass the banana over their heads; each player must touch the banana. When the captain receives the banana, he must eat it.

Game Name: Banana Foot pass
Equipment: One banana & one bucket per team.
Rules: Players sit in a line, with feet straight in front, facing alternating directions. First player places a banana on his feet. At the signal, he passes the banana to the next player, using feet only. Hands may never touch the banana; if it falls, it must be picked up with feet, while remaining seated. Last player drops the banana into a bucket.

Game Name: Banana Flight
Equipment: One banana & one bucket per team.
Rules: One player with the banana stands on the starting line. There is a bucket at least 100 yards away. The rest of the team stations themselves anywhere between the starting line and the bucket. At the signal, the first player passes the banana to the next, then to the next, etc. All players must touch the banana. The last player drops or throws the banana into the bucket.